



# Sign up for important updates from Mrs. Ellis.

Get information for **Caroline Middle School** right on your phone—not on handouts.

Pick a way to receive messages for **Life Science 2016-2017**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/289296](http://rmd.at/289296)

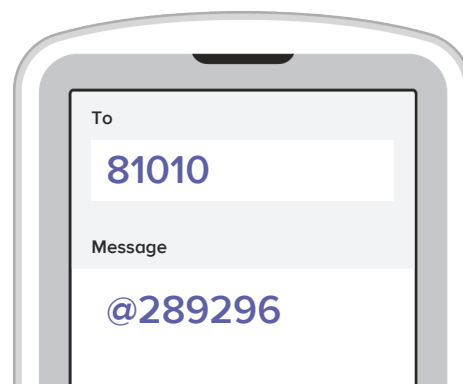
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@289296](https://www.remind.com/help/faq#text) to the number **81010**.

If you're having trouble with **81010**, try texting [@289296](https://www.remind.com/help/faq#text) to **(775) 583-4011**.



Don't have a mobile phone? Go to [rmd.at/289296](http://rmd.at/289296) on a desktop computer to sign up for email notifications.